

# HEKILI OUTRIGGER CANOE CLUB

Is proud to present the Seventh



## Great Barrier Reef Ocean Challenge

45km IRON & Introducing Half IRON-25km

draft



AOCRA NQ ZONE • SATURDAY 3rd JUNE - SUNDAY 4th JUNE 2017 • YORKEYS KNOB



**The GBROC Ocean Challenge is on again for its 7th year!!**

**NOW 2 GREAT RACES !!**

**Introducing the 1st 25km HALF IRON, Cairns to spectacular Yorkeys Knob (Sat)**

**&**

**Australia's Longest Distance Ocean Race, 45km IRON, Yorkeys Knob to beautiful Port Douglas! (Sun)**

**MARK IT IN YOUR CALENDARS**

# draft

## THE VENUE AND THE COURSE

**Welcome GBROC'ers!!**

All competitors will complete a **45 km course, commencing from Yorkeys Knob Main Beach, 18km north of Cairns.**

The start line will be set between two buoys in front of the rock wall at the northern end of Yorkeys Knob Main Beach. The course gives all competitors a continuous downwind run and should make for some fast times and exciting racing. Crews should anticipate average race times of between 3 and 5 hours. Any competitors who have not completed the course within 5.5 hours will be asked to withdraw from the race.

All competitors will paddle NNW (340') rounding the Southern side of Haycock Island, keeping Double Island on the left for 10.2km (5.5nm). Canoes will then head NW (315') direct to Port Douglas. The large buoy north of Alexandra Reefs will mark the final 3 km (1.4 nm) leg into Four Mile Beach, Port Douglas. Crews commence their approach to the finish line by passing between two buoys directly in front of the Port Douglas Surf Life Saving Club on the northern end of Four Mile Beach.

**The Finish Line is the Cairns Airport Adventure Festival Archway on the beach.**

*It is anticipated that paddlers will finish between approximately 12:40pm and 2:40pm. The infamous RRR Mountain Bike Challenge and Coral Coast Triathlon will also conclude on Four Mile Beach as part of the celebration of the opening day of the Cairns Airport Adventure Festival. The presentation will be at the Port Douglas Surf Club after racing is completed.*

	GBROC Half		GBROC
Early Bird Discounted Fees – Until May 5th 2017	\$45.00 / AOCRA Paddler – OC6 crews only	\$95.00 / AOCRA Paddler	\$103.00 / Non-AOCRA Paddler (includes AOCRA sports insurance fee \$8) Double Ski Paddlers note that you must nominate twice for each craft \$206
Fees	\$55.00	\$105.00	\$123.00

## NOMINATIONS AND CANOE HIRE

Early Bird Nominations will receive a \$20.00 discount on their Fees, it pays to get in early. Early Bird Nominations must be lodged with payment **by Friday May 5<sup>th</sup> 2017 at 6:00pm online at [www.aocra.com.au](http://www.aocra.com.au)**. Final Nominations must be lodged with payment **by Friday May 26<sup>th</sup> 2017 at 6:00pm**.

- \* Clubs must lodge a "Club Nomination" .
- \* Individuals can also lodge a race nomination with payment via credit card.
- \* Non AOCRA Members must lodge an "Individual Nomination" with credit card payment online.
- \* This is a combined club event - crews can consist of paddlers from various clubs.
- \* GBROC 45km is an ultra-endurance event, therefore the Race Committee require that no paddler 16 and under can participate; paddlers aged 17, 18 and 19 wishing to nominate in the Open Division must provide written approval from their club coach prior to nominating to NQ Zone Secretary, Michelle Lynes [nqzoneaocra@outlook.com](mailto:nqzoneaocra@outlook.com) and the Event Manager, Rhys Morgan
- \* International outrigger competitors who can confirm they hold travel insurance, will not need to pay the additional \$8 AOCRA sports insurance fee.
- \* Competitors outside of NQ Zone requiring a canoe, please contact us and we will organise one for you. Canoes are limited and the "first in best dressed" rule applies, although priority will be given to Overseas and interstate visitors (who are not within driving range). We ask that you make payment directly to the owner(s) of your borrowed craft.
- \* If you require any assistance, the Race Committee stands ready to help. We look forward to hosting this unique event and appreciate your commitment to it.

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## GREAT BARRIER REEF OCEAN CHALLENGE HALF 25KM – RACE PROGRAM

**Race Program—Saturday 3rd June (Open to OC6 crews only)**

Race Director for this event will be Duane Colman. Medical Director for this event will be TBA.

**RACE BRIEFING:** Saturday 3rd June, 10:00AM (Sugar Terminal Boat Ramp, Fearnley St, Portsmith). A minimum of your Steerer plus 1 Crew Member must attend the Briefing.

**RACE START:** 11:00am—Adjacent to Cairns Hilton

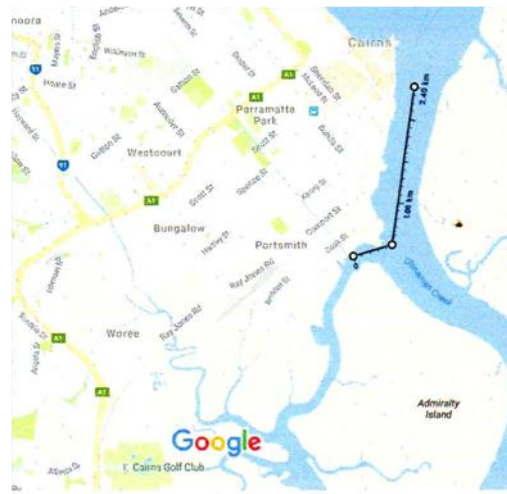
OC6	Open Men / Women / Mixed*	Master Men / Women / Mixed*	Senior Master Men / Women / Mixed*	Under 19's Men / Women / Mixed*
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Crews are required to enter the water at the Sugar Terminal Boat Ramp, Fearnley St, Portsmith, then paddle 2.4km to the race start adjacent to the Cairns Hilton, Marlin Marina, Cairns.

This is the closest boat ramp to the Race Start; there is sufficient parking and rigging areas for OC6 canoes and trailer.

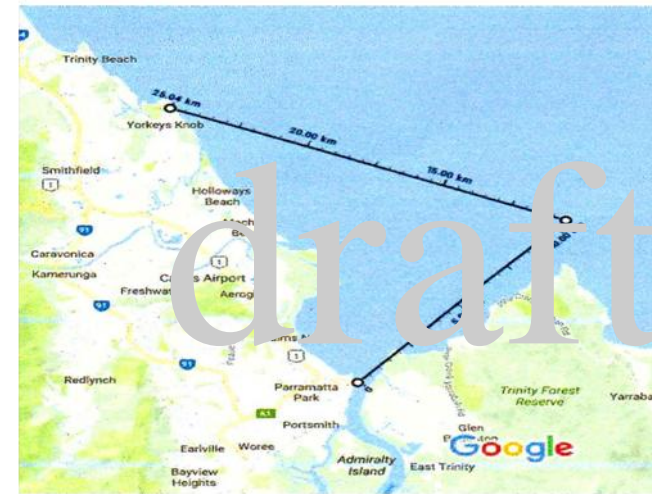
Crews will paddle out of Trinity Inlet for 10km in a NE direction towards False Cape; make an ama turn around the Orange Buoy and continue on for 15km in a NW direction towards the finish line at Yorkeys Knob Main Beach, Foreshore Park.

Competitors outside of NQ Zone requiring a canoe, please contact us and we will organise one for you. Canoes are limited and the "first in best dressed" rule applies, although priority will be given to Overseas and interstate visitors (who are not within driving range). We ask that you make payment directly to the owner(s) of your borrowed craft.



Map data ©2016 Google 1

Measure distance  
Total distance: 2.40 km (1.49 mi)



Measure distance  
Total distance: 25.04 km (15.56 mi)





## GREAT BARRIER REEF OCEAN CHALLENGE

### 45KM IRON – RACE PROGRAM

#### Race Program—**Sunday 4th June**

Race Director for this event will be Duane Colman. Medical Director for this event will be TBA.

**RACE BRIEFING:** Sunday 4th June, 8:00AM (Yorkeys Knob Main Beach, Northern end of Sim's Esplanade, prior to Racing)

**RACE START:** 8:30am—Wave 1: SUP's & Prones  
9:30am — Wave 2: OC6/2/1, V1's & Ski's

- \* All competitors must register on Saturday June 3rd in order to allocate electronic timing anklets to each team.
- \* You MUST provide the canoe number and the names of each team member otherwise you will be deemed NOT signed-in.
- \* One club representative may sign for the timing anklet for all of your club teams.
- \* All local clubs, if you are arriving the morning of June 4<sup>th</sup>, one of your team members will still need to register your team on Saturday 3<sup>rd</sup>.
- \* Anklet bearers MUST sign in on the morning of the race so the officials know who is starting the race.
- \* If you are supplying your own support boat you need to notify Race Secretary, Stacey Brown of this by: 5 pm Friday 26<sup>th</sup> May, 201. Mob: 0431 286 301 or [gbroc@outlook.com.au](mailto:gbroc@outlook.com.au)

**Divisions:** \*Maximum 3 men. \*\*Plastic Craft Not Acceptable

OC6	Open—Men / Women / Mixed*	Senior Master—Men / Women / Mixed*	
OC2	Open—Men / Women / Mixed	Senior Master—Men / Women / Mixed	
OC1	Open—Men / Women	Master Men	Senior Master Men, Golden Master Men
Double Skis	Open—Men / Women / Mixed	Double ski paddlers must nominate twice for each team required	
Ocean Skis	Open—Men / Women	Master Men	
Spec Skis	Open—Men / Women		
SUP Boards	Open—Men / Women	Master Men	
Prone Boards	Open Men		

The divisions have been determined based on participation over the previous six years. If you would like to paddle in a division which is not listed, please indicate on registration and if three or more registered participants would like to paddle in that division the GBROC Committee will open the division.

### Tides:

High	06:09am	02.40m
Low	12:33pm	0.76m
High	06:58pm	2.32m

### Important Notes:

- \* The race program will run on time, or at the discretion of the Race Director.
- \* The Race Director will not wait for crews to get to the START LINE.
- \* If the weather deems it necessary it is at the race director's discretion to change the course at the start of the race to run from the buoys adjacent to the jetty heading on a direct line between the western end of Double Island and the mainland or change to an alternate course.
- \* Course distance may be varied according to weather conditions and start times may change. Please ensure you check with race officials on the day and attend all race briefings prior to the event.
- \* This is an iron distance race - substitution of a crew member **is NOT allowed at any time**. The paddlers who commence the race must complete the entire distance. Substitution of a crew member will result in immediate disqualification of your entire crew.
- \* **AOCRA Regatta rules apply. Support boats will be at a ratio as prescribed in the AOCRA regatta rules.**

## GBROC IRON & GBROC HALF SAFETY REQUIREMENTS

- \* Each team or paddler may have their own support boat on the water. If you choose to have your own support boat you must advise the Event Manager. **The support boat driver is required to attend the race briefing.**

Individual support craft **must not** at any time impede the progress of another competitor or official race safety support vessel.

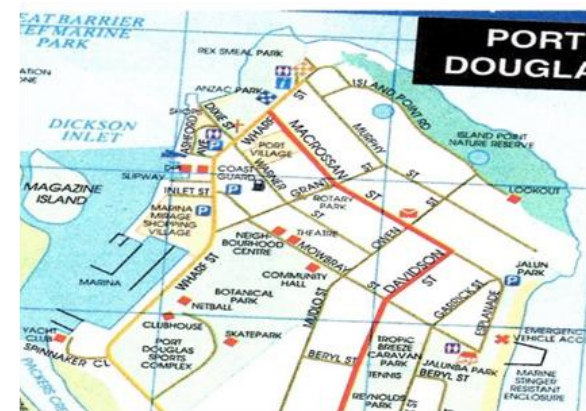
- \* In the event your craft is incapacitated or voluntarily withdrawn from the race, a safety vessel will escort your craft and crew (including your support boat if appropriate) to the nearest safe beach for landing. The safety vessel operator will notify the Race Director, who will advise a road support crew of your location for pickup.
- \* **All OC1 paddlers MUST wear leg ropes. One paddler per OC2 MUST wear a leg rope.**
- \* All canoes are required to carry one PFD per paddler. All OC6 canoes **must** carry at least one additional paddle on the craft. It is recommended that OC1 and OC2 canoes also carry an additional paddle. Safety boats may carry a limited range of spare paddles for emergency use only.
- \* Each paddler or crew **must** carry all necessary food and water for the duration of the race. All competitors are to be completely self sufficient. Paddlers **are able** to carry additional food, water and spare paddles on their own individual support craft. Official race safety support vessels will carry additional water and medical support for emergency use only.
- \* Any paddler or crew requiring emergency assistance will not be disqualified, providing they complete the course within the time limit (5.5 hours).

## CANOE TRAILER PARKING YORKEYS KNOB

- \* Canoe Trailer parking is available at the Yorkeys Knob Boating Club, 25 Buckley Street, Yorkeys Knob.
- \* Car Parking is available at the Race start area on Sim's Esplanade (northern end of Yorkeys Main Beach) and adjacent side streets.

## CANOE TRAILER PARKING PORT DOUGLAS

Canoe trailer parking in Port Douglas will be in the designated parking area at Reynolds Park off Garrick Street.



**Stay updated**  
with all the latest news by  
visiting the website:  
[hekilioutrigger.com.au](http://hekilioutrigger.com.au)

Or our **Facebook** page:  
**Hekili Outrigger**  
**Canoe Club**

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# WATCH OUT

Further details on Hekili Website & Facebook!



## CONTACTS FOR SPONSORSHIPS & ALL ENQUIRIES TO THIS GREAT EVENT

### Rhys Morgan

Hekili OCC President and Race Co-ordinator

ph: +61 419 024 041 (overseas callers)

m: 0419 024 041

Email: [gbroc@outlook.com.au](mailto:gbroc@outlook.com.au)

Early enquiries for canoe hire: Rhys Morgan Ph: +61 419 024 041 Email: [rhys.emma@bigpond.com](mailto:rhys.emma@bigpond.com)

### Hekili OCC Secretary — Stacey Brown

[www.hekilioutrigger.com.au](http://www.hekilioutrigger.com.au)



Hekili Outrigger Canoe Club

ph: +61 431 286 301 (overseas callers)

m: 0431 286 301

Email: [hekilioutriggers@gmail.com](mailto:hekilioutriggers@gmail.com)

## YORKEYS KNOB ACCOMMODATION

A wide range of holiday apartments, houses and B&B's are available through:

Yorkeys Knob Holiday Rentals, 77 Sims Esplanade, Yorkeys Knob

ph: 07 4055 8855 (int. +61 7 4055 8855) m: 0408 558 855

e: [trish@yorkeysknobholidays.com.au](mailto:trish@yorkeysknobholidays.com.au)

w: [www.yorkeysknobholidays.com.au](http://www.yorkeysknobholidays.com.au)

